

BANANARAMA SMOOTHIE

NUTRITIONAL INFORMATION



INGREDIENTS: BANANA, BLACKBERRIES, VANILLA VEGAN PROTEIN, ALMOND/COCONUT MILK



SMALL

213 CAL

NUTRITION INFORMATION		
Servings per package: 1		
Serving size:	320 g	
	Average Quantity per Serving	Average Quantity per 100 g
Energy	893 kJ	279 kJ
Protein	3.6 g	1.1 g
Fat, total	5.7 g	1.8 g
- saturated	4.8 g	1.5 g
Carbohydrate	33.9 g	10.6 g
- sugars	23.8 g	7.4 g
Sodium	71 mg	22 mg

REGULAR

354 CAL

NUTRITION INFORMATION		
Servings per package: 1		
Serving size:	565 g	
	Average Quantity per Serving	Average Quantity per 100 g
Energy	1480 kJ	262 kJ
Protein	5.9 g	1 g
Fat, total	11.9 g	2.1 g
- saturated	10.3 g	1.8 g
Carbohydrate	52 g	9.2 g
- sugars	37.1 g	6.6 g
Sodium	150 mg	26 mg

*NUTRITIONAL INFORMATION DOES NOT TAKE TOPPINGS OR BLEND IN'S INTO ACCOUNT. THESE VALUES ARE FOR THE SMOOTHIES ONLY.