



BANANARAMA

NUTRITIONAL INFORMATION

INGREDIENTS: BANANA, BLACKBERRIES, VANILLA VEGAN PROTEIN, COCONUT MILK

SMALL

192 CAL

REGULAR

266 CAL

LARGE

361 CAL

NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 185 g		
	Average Quantity per Serving	Average Quantity per 100 g
Energy	804 kJ	435 kJ
Protein	2.9 g	1.6 g
Fat, total	5.2 g	2.8 g
- saturated	4.2 g	2.3 g
Carbohydrate	29.6 g	16 g
- sugars	20.1 g	10.9 g
Sodium	5 mg	3 mg

NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 260 g		
	Average Quantity per Serving	Average Quantity per 100 g
Energy	1070 kJ	411 kJ
Protein	4.1 g	1.6 g
Fat, total	5.5 g	2.1 g
- saturated	4.3 g	1.6 g
Carbohydrate	42.2 g	16.2 g
- sugars	28.5 g	11 g
Sodium	7 mg	3 mg

NUTRITION INFORMATION		
Servings per package: 1		
Serving size: 365 g		
	Average Quantity per Serving	Average Quantity per 100 g
Energy	1510 kJ	414 kJ
Protein	5.7 g	1.6 g
Fat, total	8.2 g	2.2 g
- saturated	6.4 g	1.8 g
Carbohydrate	58.9 g	16.1 g
- sugars	39.8 g	10.9 g
Sodium	10 mg	3 mg

*NUTRITIONAL INFORMATION DOES NOT TAKE TOPPING INTO ACCOUNT. THESE VALUES ARE FOR THE SMOOTHIE BASES ONLY.