



SPACE BOWL

NUTRITIONAL INFORMATION

INGREDIENTS: BANANA, BLACKBERRIES, LIME,
ACTIVATED COCONUT CHARCOAL, VANILLA VEGAN
PROTEIN, COCONUT MILK

SMALL

144 CAL

REGULAR

205 CAL

LARGE

292 CAL

NUTRITION INFORMATION

Servings per package: 1

Serving size: 215 g

| | Average Quantity per Serving | Average Quantity per 100 g |
|--------------|------------------------------------|----------------------------------|
| Energy | 602 kJ | 280 kJ |
| Protein | 2.9 g | 1.3 g |
| Fat, total | 0.6 g | 0.3 g |
| - saturated | 0.1 g | 0 g |
| Carbohydrate | 26.6 g | 12.4 g |
| - sugars | 19.8 g | 9.2 g |
| Sodium | 5 mg | 2 mg |

NUTRITION INFORMATION

Servings per package: 1

Serving size: 305 g

| | Average Quantity per Serving | Average Quantity per 100 g |
|--------------|------------------------------------|----------------------------------|
| Energy | 858 kJ | 281 kJ |
| Protein | 4.2 g | 1.4 g |
| Fat, total | 0.9 g | 0.3 g |
| - saturated | 0.2 g | 0 g |
| Carbohydrate | 37.6 g | 12.3 g |
| - sugars | 28 g | 9.2 g |
| Sodium | 8 mg | 2 mg |

NUTRITION INFORMATION

Servings per package: 1

Serving size: 435 g

| | Average Quantity per Serving | Average Quantity per 100 g |
|--------------|------------------------------------|----------------------------------|
| Energy | 1220 kJ | 280 kJ |
| Protein | 6 g | 1.4 g |
| Fat, total | 1.3 g | 0.3 g |
| - saturated | 0.2 g | 0 g |
| Carbohydrate | 53.5 g | 12.3 g |
| - sugars | 39.9 g | 9.2 g |
| Sodium | 11 mg | 2 mg |

*NUTRITIONAL INFORMATION DOES NOT TAKE TOPPING INTO ACCOUNT. THESE VALUES ARE FOR THE SMOOTHIE BASES ONLY.