



# SUNNY BOWL

## NUTRITIONAL INFORMATION

INGREDIENTS: MANGO, PINEAPPLE, PASSIONFRUIT,  
COCONUT WATER

**SMALL**

123 CAL

**REGULAR**

170 CAL

**LARGE**

239 CAL

### NUTRITION INFORMATION

Servings per package: 1

Serving size: 235 g

	Average Quantity per Serving	Average Quantity per 100 g
Energy	516 kJ	220 kJ
Protein	2.1 g	0.9 g
Fat, total	0.5 g	0.2 g
- saturated	0.1 g	0 g
Carbohydrate	22.6 g	9.6 g
- sugars	22.1 g	9.4 g
Sodium	9 mg	4 mg

### NUTRITION INFORMATION

Servings per package: 1

Serving size: 320 g

	Average Quantity per Serving	Average Quantity per 100 g
Energy	711 kJ	222 kJ
Protein	2.9 g	0.9 g
Fat, total	0.6 g	0.2 g
- saturated	0.2 g	0 g
Carbohydrate	31.2 g	9.7 g
- sugars	30.4 g	9.5 g
Sodium	11 mg	3 mg

### NUTRITION INFORMATION

Servings per package: 1

Serving size: 450 g

	Average Quantity per Serving	Average Quantity per 100 g
Energy	999 kJ	222 kJ
Protein	4.1 g	0.9 g
Fat, total	0.9 g	0.2 g
- saturated	0.2 g	0 g
Carbohydrate	43.6 g	9.7 g
- sugars	42.6 g	9.5 g
Sodium	16 mg	4 mg

\*NUTRITIONAL INFORMATION DOES NOT TAKE TOPPINGS INTO ACCOUNT. THESE VALUES ARE FOR THE SMOOTHIE BASES ONLY.